



**The Natural:** house hummus, lettuce, onion, tomato, cucumber, bell peppers...\$6.99

**The Club:** turkey, bacon, cheddar, lettuce, tomato, mayo...\$8.99

**The Italian:** salami, ham, provolone, tomato, lettuce, balsamic mayo.... \$8.99

**Turkey or Corned Beef Reuben:** turkey or corned beef with Swiss, sauerkraut, Russian dressing.... \$7.99

**VT Grilled Cheese:** Avocado, bacon, cheddar, onion, cranberry aioli.... \$8.99

**Tuna or Chicken Salad:** House made tuna or chicken salad with lettuce, tomato...\$7.99

**The New Englander:** Turkey, Cheddar, Apple, Tomato, Lettuce, Cranberry Aioli... \$7.99

**The Big Red:** Sweet Red Pepper Hummus, Onion, Spinach, Buffalo Chicken, Cheddar, Garlic Aioli...\$8.99

**Bangin' B.S.T.:** VT Bacon, Spinach, Tomato, Onion, Cheddar, Cranberry Aioli...\$7.99

**Spicy Heifer:** Roast Beef, Pepperjack, bacon, onion, lettuce, tomato, horseradish aioli... \$8.99

**Heady Hammer:** Ham, Caramelized onion, Provolone, Spinach, Apple, Maple Mustard...\$8.99

**Italian Grilled Cheese:** Mozzarella, Provolone, Tomato, Pesto Aioli ...\$6.99

# Build Your Own:

**Breads:**

Wheat, Sourdough, Rye, Spinach Wrap, Wheat Wrap, Tomato Wrap

**Cheeses:**

Cheddar, Swiss, Provolone, Mozzarella, Pepper Jack

**Meats:**

Roast Turkey, Buffalo Chicken, Honey Ham, Roast Beef, Bacon, Corned Beef, Marinated Tofu

**Veggies:**

Lettuce, Spinach, Tomato, Cucumber, Bell Peppers, Onion, Jalapenos, Sprouts

**Mayo's:**

Plain, Pesto, Garlic, Balsamic, Horseradish, Cranberry (hummus, Russian dressing)

**Mustards:**

Dijon, Yellow, Maple, Honey